

Message: The Songs We Sing | Chase Trimmier & Jamie Mullins | July 5, 2020

ICE BREAKER QUESTIONS

This week we talked about the power of worship in our daily lives. From quiet moments in your living room to loud choruses in church, think back on times in your life that you have spent worshipping. Worship has a huge impact on how we live our lives and how we talk to God.

1. Currently, what worship music do you find yourself listening to a lot? Whether it be something off Spotify or just a song we sing in weekend services, what is it about that music that helps you focus on Jesus?
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Confession

Confession doesn't always mean admitting our deepest secrets to people. More often, confession is about declaring who Jesus is, what He has done in our lives, and how deeply we need Him. This kind of confession naturally leads to worship.

We see an example of this in Hebrews 10:11-14, 19-25. Take some time to read that passage together, then answer the following questions:

2. Notice how this passage never mentions singing or music, yet it is still all about worship. Go back through verses 19-25. Can you point out a few phrases that show ways we can worship without a big band?
 3. How does worship, in all its forms, help you find a new perspective? Can you remember a time in your life when being reminded of God's truth changed your mindset?
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Opening Up

Ultimately, worship is about changing our posture. It's about opening ourselves up to see the world how God sees it and to interact with the world the way Jesus did. When we open up like this, we allow ourselves not only to let go, but also to receive. This kind of posture is not always easy, though, and it takes daily practice and reminders to keep ourselves open to what the Lord has for us.

4. How would you say you normally go about your life? Would you say you naturally tend to be more open, or are you more closed off? Why do you think that is?
 5. What's one way you can bring worship into your daily life this week? This can look like quiet time, or helping at the Hope Center, or whatever you need it to look like. Just pick one thing. Throughout the week, check up with each other on how everyone's worship is going.
 6. What is one area of your life where you could use a shift in your posture? Let the group pray with you for a renewed sense of how God is with you in that situation.
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