

# WHAT KEEPS YOU FROM PUTTING OTHERS FIRST?

# HUMILITY

PUTTING OTHERS FIRST BY GIVING  
UP WHAT YOU THINK YOU DESERVE

## DAY 5

**Today, practice being last at everything you do.**

**Not late . . . just last.**

- If a line forms to do something at school, let others go ahead of you.
- When you and your sister arrive at the bathroom door at the same time, let her go first.
- When the brownies are cut at the dinner table, let everyone else pick first.

**Put others first all day long.**

Then tonight, spend some time praying and thanking God for the chance to lead with humility. Because that's what you did when you put others first today! By valuing others more than yourself, you showed true humility, as Jesus Himself modeled for us.

## DAY 1

Go to [Studio252.tv](http://Studio252.tv) and watch this week's episode of The So & So Show. (Click on Fun2Watch! then The So & So Show.)

Even if you already saw it at church, feel free to check it out again!

### SO & SO TOP 3

After watching, write one thing that . . .

1) YOU LIKED: \_\_\_\_\_

2) YOU LEARNED: \_\_\_\_\_

3) YOU'D LIKE TO KNOW: \_\_\_\_\_

## DAY 2

### Read Philippians 2:3-7a

In the re-write of Philippians 2:3-7a below, write in the words that have been substituted by a math symbol.

*Don't do anything only to get ahead. Don't do it because you are proud. Instead, be humble. Value others > yourselves. 0 of you should look out just for your own good. Each of you should also look out for the good of others. As you deal with 1 another, you should think + act as Jesus did. In his very nature he was God. Jesus was = with God. But Jesus didn't take advantage of that fact. Instead, he made himself 0.*

You may not think of humility like a math equation, but it kind of is! It means making others > yourself. We have the best example in Jesus, who made himself 0 . . . nothing . . . even though He is = with God!

(Answers: more than, none, one, and, equal, nothing)

## DAY 3

Look back at yesterday's equation. The math may not be hard, but there is a super hard part of the equation: making others > ourselves, or making ourselves 0. Easy to solve, not so easy to live!

Thankfully, we not only have Jesus' example, but we also have God's help. We just need to ask Him. Fill out the blanks in the prayer below. Then, as you read the prayer out loud, move as the words in parentheses guide you.

**"Dear Jesus, thank You for coming down from heaven (kneel with one knee on the floor) and humbling Yourself to die for me. The fact that You, God's Son, would give up Your life for me (put your hand on your chest) is amazing to me. I am incredibly thankful, and I want to follow in your footsteps (walk a few steps) and put others first too (take a big step back). One area or person I have trouble with humility is**

\_\_\_\_\_. I confess it's hard because \_\_\_\_\_. Help me to put others first in this situation, even though

\_\_\_\_\_. Thank You for loving me (cross your arms over your chest) even when I'm not good at putting others first, and help me to live a life of humility (kneel with one knee on the floor) like You did. Amen."

## DAY 4

Who is the person that you wrote about yesterday that you have the hardest time showing humility to? Today, find that person and apologize for the times that you've been too prideful to put them first. You may want to do it in person, or you may find it easier to send a text or email or write them a note.

If that's not possible, or if there's not one particular person, then find a trusted friend or parent and share with them your struggles to put others first. Ask them how they've struggled with humility too, and together, share one area where you can each **put others first because Jesus put you first.**