

CARE COACHES SCHEDULING ONLINE

MALE

Juan Vazquez and his wife, Janice, worship and serve at Cross Timbers. They have been married for 15 years and have 5 children. Juan is Counseling Intern earning his Masters in Mental Health Counseling from Colorado Christian University. He enjoys working with couples and marriages. He knows marriage is hard, having survived a separation and divorce during his 20-year military service. Juan also meets with men, women, and teenagers. Juan's understands the pressure leadership and management impose on marriage, family relationships and spiritual relationships. Juan is an advocate for experiencing wellness through spiritual retreats spending time with God's creation. He believes in a holistic approach to wellness of mind, body, and soul. He enjoys spending time with his family, road cycling and aviation.

Steve Gornik has been married to Jayne for 7 years and they have a blended family of 5 adult children. He works with men of all ages and couples. Steve has experience in working through marriage issues, parenting, divorce, remarriage, blended families, pornography, financial stewardship, life transitions and leadership. He is sincerely interested in helping people break through barriers so they can live a more fulfilling life. Steve and Jayne also offer premarital counseling using the Prepare & Enrich Premarital Assessment tool.

Dean Hockenberry and his wife, Linda, have been married for 41 years, have 4 adult children and 6 grandchildren. He works with men, young men, and couples. Dean has experience with parenting, adoption, family members with mental illness, teaching tools for overcoming bitterness and unforgiveness, coping with long periods of unemployment, and negative work environments and healing from family disfunction. He is also active in Cross Timbers Veterans group. He is an excellent listener and asks questions that help you connect the dots and get to your root issues.

FEMALE

Alex Akopiantz has called Cross Timbers home since 2002. She and her husband Erik were married at Cross Timbers in 2005 and have a blended family of 3 children. Alex has completed courses in Freedom Ministry, Divorce Recovery, Care Coach, and I.D. training. She is currently completing the Mental Health Coach certification training and earning a Master of Divinity degree.

Her passion is for women who are struggling in their daily lives. She has experience with divorce, children in crisis, unhealthy relationships, childhood wounds, navigating difficult family dynamics, identity crisis, infidelity, depression, anxiety, and health challenges. Her hope is that the Lord will use her to help other women find the same peace, freedom, and healing she found. Alex only offers appointments virtually or by phone.

Cyne' Hindman and her husband, Brandon, have been married for 23 years and have 2 living children (Kenzie 17 and Mason 15) and one heavenly child, Hunter, born in March 1998 and passed in May 1998 due to hypoplastic left heart syndrome coupled with other health complications. Cyne' is passionate about equipping others with the tools and skills needed to live their full God-designed potential. She has a heart to empower and advocate for others, and still challenge each person to try a different approach to get different results. She is a truth seeker and helps others find truth amid the worldly lies we hear or tell ourselves.

Diana Nellessen is married to Dan and between them, they have four adult children -many with families of their own. God has allowed Diana to experience many trials in life, equipping her to support others as they face their own struggles. With an empathetic, accepting approach, her heart's desire is to help people connect with God's unique blueprint for them, building their confidence and faith along the way. Her core belief is that the emotions we experience are common, regardless of the life situations that evoke them. God continues to make divine introductions to her clients, skillfully matching their needs with the gifts He has bestowed upon her. She'd love to walk through your trials and tribulations with you as you evolve into a confident overcomer.

Fran Adams and her husband, David, have been married for 30 years and have a blended family of adult children. Fran is a retired Licensed Clinical Social Worker. When she was younger Fran divorced and was a single, working mother. One of her children was special needs and the other is now a well-known scientist. Fran says, "Life hasn't been easy, but God has been with me, nurtured me and led me to be who He made me to be. I can't wait to meet you and walk alongside your path."

Jamie Hackney and Brian have been married for 31 years and have three young-adult children. Their son, Corban, passed away when he was two years old and now lives in heaven. Because God has helped her in her marriage, death of child and parenting, Jamie is passionate about helping women of all ages that are struggling in their marriage, or who feel stuck in life due to grief and loss, depression, or just feel overwhelmed. She also loves working with children, teenagers, and young women.

Kathy Palmer and her husband, Scott, have been married for 48 years and have 2 adult daughters and 5 grandchildren. Kathy says, throughout our married life we have had to face alternative lifestyle choices, drug and alcohol addiction, divorce, and custody court battles. Through it all we knew Jesus was at work in all our lives, even when it didn't look or feel like it. I have a heart to try and help people navigate through the yuck and disappointments of life. To find ways to thrive and not just survive when life isn't going the way you thought it would or when hit with heartbreaking events. Navigating boundaries and finding JOY in the strength of the Lord !!! Willing to work with women, young adults, or couples.

Kim Henning is a young senior who has lived a varied life. She is a 33-year educator with a focus on special needs students. Kim is the parent of two adult children and has three grandchildren. Kim works with women who do not know the next step to turn - and has experienced this at times in her life. She has experience in dealing with divorce, living with family members with addictions, single parenting, learning boundaries, understanding self-value and identity, and codependency. She has a focus on recovery and overcoming codependency. Kim has a compassionate heart for those who do not know where to turn next or how to overcome the situation in which they may find themselves. She helps you to identify the things you can change and how to take the next step in your life.

Linda Hockenberry and Dean have been married for 42 years and have five adult children and six grandchildren. Linda's passion is two-fold. She wants the church be a safe place for hurting people to find help and healing and for God's people to use healing and freedom they received to help someone else in similar circumstances. For years, I tried to avoid shame by performing perfectly. This led to anger, depression and harsh parenting. After counseling and EMDR therapy, I now walk in freedom and peace. I can love and care for others out of my weakness and relationship with Jesus. I enjoy helping women to find God's heart for them, so that, they can walk in their identity and purpose.

Paula Salyer is a widow, with 3 sons and 8 grandchildren. She has had to overcome many trials in life. Paula had an alcoholic father growing up, divorced parents, husband's suicide, bankruptcy, son fighting addiction, and a job loss. Paula says, "I wasn't sure what a care coach was, but I wanted to use my painful life situations to help others. I discovered while training to be a care coach, that it helped me work through my issues and find more freedom and healing in my own life."

Sandy Anthony and her husband Gary have been married for 39 years. They have four grown married children and ten grandchildren. Sandy along with her husband Gary have led family life groups for 33 years. Sandy has a desire to see people set free through counseling. She has a Masters in Marriage and Family Therapy from The Kings University and is an LPC-Associate. She has led faith-based marriage classes, and counsels' individual clients who may be experiencing divorce, spouse abuse, infidelity, and reconciliation. She has led grief classes and is currently working on meeting the needs of widows and orphans in our local community. Sandy does individual, couples, and family counseling, specializing in blended families. Sandy has experience counseling those with addictions, depression, anxiety, bipolar, dyslexia, multicultural transition and language barriers, for those who want to strengthen their language skills or English. Her passion is to see her clients restored and made whole, physically, mentally, and spiritually. Sandy loves to connect her clients to resources that will assure their growth and stability in their families, church, and surrounding community.

Shawn Wolfe and her husband Doug have been married 29 years and had the privilege of raising a blended family and watching God's faithfulness in creating something beautiful and good from what had previously been broken. By the grace of God, Shawn and Doug have three grown children (and two young granddaughters), who all contribute to society and love each other! Shawn recently, (5 years ago), went back to school to pursue her desire to encourage others and received her Master's in Rehabilitation Counseling. Shawn is a Certified Rehabilitation Counselor which specifically qualifies her to work with individuals with cognitive and physical disabilities. Shawn most recently worked for the University of North Texas counseling college students and served as the facilitator for the Student Veterans Support Group on campus. Prior to that she worked for a Christian non-profit organization, Covenant Kids, in counseling foster children and cared for her elderly mother with Alzheimer's for 3 years. Shawn believes by experiencing Christ's amazing love and grace we can change our thoughts about ourselves, and in turn, change our behavior. At times we cannot control our circumstances, but we can ALWAYS choose our thoughts about our circumstances. Shawn says "In the counseling profession, this approach would be called the Cognitive Behavior Theory. In God's Kingdom it is called the Who I am in Christ Theory". These new thoughts lead us to new behavior which ultimately leads to a new, BETTER, abundant life. Shawn enjoys working with kids, students, and adults of all ages.

Healing Place Staff Pastors

Brian Hackney as a founding pastor of Cross Timbers, Brian served on the Leadership Team and as Worship Pastor for six years before transitioning to the role of Argyle Campus Pastor, focusing primarily on pastoral care. Having more of a heart for people than operations, Brian eventually turned over the campus pastor role to pursue full-time work in The Healing Place. Brian's compassion and empathy for others were born out of his own marriage struggles, along with grieving the loss of his 2-year-old son, Corban. Brian is certified by Life Innovations to administer the Prepare/Enrich marriage and pre-marital inventories, and loves sharing the insight he has gained from working with over 800 couples over the last 20 years, and in his own marriage of over 30 years.

Brian is currently completing the Mental Health Coach certification training through the American Association of Christian Counselors, and does in-person sessions, as well as on-line Zoom meetings. Brian specializes in couple's counseling, as well as family dynamics, and parenting. He has also done extensive work with men who struggle with anger or addiction due to unhealed father wounds. He also has a heart to help people walk through faith struggles that result from trauma or loss. Brian, and his wife Jamie, have 3 adult children, Chandler, Christian, and Carson, and live in Aurora with their dog, Jessie.

Glenna Massey has a natural heart and passion to connect people to Jesus so that they can experience God in a very real way. She is following her calling to bring freedom and healing to hurting people. She completed a Masters degree in Marriage and Family Therapy at Liberty University and is licensed to practice counseling in the state of Texas. Glenna is certified by Life Innovations to administer the Prepare/Enrich marriage and pre-marital inventories and has completed Level 2 in Gottman Method Couples Therapy. She also holds certificate trainings in telehealth, and the neurobiology and treatment of depression and anxiety. Glenna and her husband Kirk, live in Lewisville and have two grown children and twin granddaughters.

Ores L Johnson Jr, (AKA Spooky), and his beautiful wife of 27 years, Denisa, are blessed with three amazing young-adult children: Darius, Jordan, Alexyss, and daughter-in-love Vanessa and one grandson Ezekiel. Spooky served as an assistant pastor for 13 years, and it was during that time he found a passion for helping people walk through tough situations and circumstances. While serving he realized he wasn't exempt from life's test and trials, and in that he found freedom knowing that through it all God still loves him. It was then he discovered his purpose, helping people find freedom through Christ.

Ross Slough has been a part of Cross Timbers since the beginning and on staff for 7 years. One of the most important things about us is the story we tell ourselves about ourselves and often that story is tangled up in a mess of lies we've

been told and believed. Ross wants to help you see the truth about you, about God, and about the world we live in so that the hope you have is brighter than the darkness you face. He works with couples, men, and kids. He has experience working with: faith struggles, young men navigating their path in life, premarital couples and newly married couples, infidelity, depression, anxiety, among other various life challenges. His goal is to provide a warm and safe environment where you feel comfortable to share openly about the challenges you are facing. He and his wife Michelle of 6 years have two young daughters who keep them busy.

CARE COACHES SCHEDULING PRIVATELY

MALE

Curtis Rinn and his wife, Pam, have been married for 36 years and have 2 adult children. He works with men, young men, and couples. Curtis has experience with parenting, financial concerns, and negative work environments. He is an excellent listener and asks questions to help you connect the dots and get to your root issues.

Ores "OJ" Johnson has been married to his wife, Sonya, for 48 years. They have four adult children, five grandchildren, and three great grandchildren. OJ has experience as a Pastor, chaplain, community leader, associate, and counselor working with families, married couples, Men's groups, youth, etc. His passion is to assist in rebuilding communities, by mentoring one person at a time, one family at a time, one community at a time to become one nation under God for His glory and honor.

Robert Rouse and his wife Tracy have been married 22 years and have five (5) adult children and two (2) grandsons. He works with men, young men, and all veterans. Robert has experience with veteran issues, parenting, family members with addiction, stress, work environment issues, couple issues, divorce, and unemployment. He is also active in Cross Timbers Veterans group; serves as a Pathway Coach as well as a member of the serve team. Robert is a great listener and provides a perspective to help you uncover your issues.

FEMALE

Beth McGuire was married for 20 years until her divorce in 2012. She has two children in their early twenties. Having gone through a very painful, public divorce Beth has personal experience in navigating this most difficult time. She has facilitated divorce care support groups as well as lead small groups of women walking through divorce. Beth is currently working one on one with women going through divorce, considering divorce, or are already divorced. Her heart is to help women come to know their identity in Christ - to know their value, worth and purpose.

Carol Meade was married for almost thirty years, then divorced, then widowed. Carol has 5 adult children. She works with adults, usually women, but not exclusively. Carol is a Stage IV cancer survivor (4 years), as well as experienced as a parent of a child with pediatric cancer and the devastation that accompanies a critically ill child. She has experience with family members with mental illness and personality disorders; financial devastation and recovery; as well as teaching tools for overcoming depression, anger, bitterness, co-dependence, and insecurity. She has been unemployed and homeless as well as self-employed and a successful small business owner. She can help with entrepreneurial and small business development and issues pertaining to a self-employed person. Carol recently received her Master's in Pastoral Counseling and Leadership Coaching. She is a good listener and loves helping people realize the strength they have within themselves to look beyond circumstances and make new, positive choices.

Chary Horton grew up in a religious home but had no understanding of a personal relationship with Jesus. She has BSN in nursing, a master's in Psychology. While coping with the trauma of divorce, she heard Jesus died for her. "My boyfriend is now my 2nd husband, Mick. This marriage has lasted 40 years. I asked Jesus into my heart, at 35 and a year later, received the baptism of the Holy Spirit. That relationship with God and the birth of our son, in '81, are about God's grace. We raised a blended family, (I inherited 6-year-old and 10-year-old step daughters) and were on the roller coaster of alcohol, drugs, and codependency for 30 of the past 40+ years. When we found Celebrate Recovery, our lives changed. The learning curve went straight up, as I began to incorporate the truths of CR, plus the unconditional love of step study sisters. Cross Timbers church gave me another way to serve our community, as a Healing Place Care Coach. I

continue to be in awe about the provisions of God. My husband is part of the Veterans Group at Cross Timbers and together, we have been able to reach out to others, who have suffered the effects of PTSD.”

Dalila Mahon and her husband, Matthew, have been married for 5 years. They have a blended family of three teenagers. Dalila is willing to share the good, the bad and the ugly parts of her story with anyone. She is passionate to help others understand, that God will use all the things you are most ashamed of to help someone else. Dalila enjoys meeting with women, couples, teens, and children.

Debbie Schmidt and her husband, Wayne have been married for 37 years and have 3 adult children and 2 grandchildren. She currently works as a school crossing guard in Double Oak, TX. Debbie has experience with parenting, codependence, and loss of a child. She was also a child of divorce and alcoholism. She has an affinity for teenagers and has spent time befriending and communicating with them. She enjoys spending time with new people, listening, and navigating with them through their trials and issues.

Pam Rinn and her husband, Curtis, have been married 36 years and have two adult children and six grandchildren. As a care coach couple, they can work with couples experiencing relationship challenges or issues related to life course changes (birth, death, parenting, launching children). Individually, Pam has experience with women’s issues including self-esteem and identity in Christ, parenting, and relationship challenges. Curtis and Pam are active on the Prayer Team at Argyle campus and serve in the Hope Center. Helping others find their path to healing is the goal.

Sonya Johnson and her husband, Ores “OJ”, have been married for 48 years. They have 4 adult children. She works with women, young adult women, and couples. Before moving to Texas, Sonya worked alongside her husband pastoring a church. She has taught parenting classes and coached Youth/children from single parent homes and foster care. She has mentored many single, married, and divorced women. Sonya listens well and helps others to connect to God for emotional healing. She believes they experience relief from the pain of unforgiveness and other deep-rooted issues. She is active in Veteran’s group events at Cross Timbers Church.

Tanya Farmer and her husband, Eric, have been married for 14 years. She works with women and young women. Tanya has experience with coparenting, blended families, sexual abuse, family members with addiction and mental illness. She loves helping others find another perspective when times are hard. She encourages women to do what they never thought possible.