

Area Professional Counselors

We are often asked for referrals to professional counselors. Selecting a counselor is a very personal decision. This list is not comprehensive, or an endorsement. This is a list of counselors that we have worked with from time to time. Check with your insurance provider for in-network providers.

Adults, Couples, Adolescents					
Breedlove, Carrie		940-448-0298		carrie@breedlovecounseling.com	Denton
Carrington, Jaclyn		214-770-6548		jaclyncarrington.com	Flower Mound
Cullum, Brad	Redeemed Life Counseling	940-222-8552		redeemedlifecounseling.com	Argyle
Fitzhugh, Michelle	Redeemed Life Counseling	940-222-8552		redeemedlifecounseling.com	Argyle
Goodell, Kate		214-908-4210		kate@kategoodell.com	Denton
Herrian, Beth	Hope Fully Counseling	940-294-7060		bethh@hopefullycounseling.com	Southlake
Holmes, Jan		817-729-7807		www.DrJanHolmes.com	Trophy Club
Johnson, Rayne L.		817-402-2419		let-it-rain.org	
Kane, Tricia	Hope Fully Counseling	940-294-7060		triciak@hopefullycounseling.com	Southlake
Pfeffer, Renee		972-989-6743		renee_pfeffer@yahoo.com	Flower Mound
Pulliam, Carla		817-251-3507		information@carlapulliam.com	Grapevine
Reid, Cassie		817-756-1440		info@cassiereid.com	Grapevine
Rinn, Pam		940-536-3136		Pam@acorncounseling.services	Denton
Sandlin, Adam		940-268-4909		adam@conenantbiblicalcounseling.com	Denton
Shirk, Belinda	Truthpoint Counseling	636-578-7494		belinda@truthpointcounseling.com	Grapevine
Strikland, Cara	Redeemed Life Counseling	940-222-8552		redeemedlifecounseling.com	Argyle
Thompson, Pete		940-218-0999		PeterWThompson3@gmail.com	Flower Mound
Tovar, Jessica		940-206-4121		jessica@soulcarecounselingdfw.com	Colleyville
Trimmier, Serena	Redeemed Life Counseling	940-222-8552		redeemedlifecounseling.com	Flower Mound
Tryling, Steve		940-391-8028		stevestrylinglpc.com	Denton
Wallis, Heather		817-403-2801		growinglightcounseling@gmail.com	
Washam, Chris		469-450-8717		chriswasham741@gmail.com	Argyle
Wells, R. Greg		817-601-5365		greg.wells@240cc.com	Colleyville
Children, Play Therapy					
Elliot, Lisa PHD, Psychologist		940-484-4311			Denton
England, Courtney		469-322-1470			Flower Mound
Graham, Christy	ACORN Counseling	940-597-8635		christy@acorncounseling.services	Corinth
McGilvray, Heather		940.294.7060			Argyle
Non-profit Organizatiions					
		(Govt. & local agencies that provide mental health services with a sliding scale or low fee)			
TWU Counseling & Family Therapy Clinic		940-898-2600			Denton
MHMR		940-381-5000			Denton
Cumberland Presbyterian Children's Home		940-382-5112		www.cpch.org	Denton
UNT Psychology Clinic		940-565-2671			Denton
Youth and Family Counseling		972-724-2005		www.youthandfamilycounseling.org	Denton & Lewisville
Truth Renewed Ministries		214-476-9393		www.truthrenewed.org	Keller
DOMESTIC VIOLENCE/Child Abuse/etc.					
Friends of the Family (Denton County)		940-387-5131			
Safe Haven (Tarrant County)		817-535-6462 admin.		crisis line	
Community Enrichment Center		817-281-2807		serves by zip code - mostly Tarrant County/foodbank/women's shelter/housing	
Christian Community Action		972-221-1224		southern Denton County	
CPS Hotline		800-252-5400			