HOW TO grow in intimacy WITH GOD

a four-week guide to spend time with God

Hello,

We are created for intimacy.

God wants to know us. The greatest gift we have been given other than the gift of Jesus is the gift of relationship. We will never be fulfilled without intimate relationships that reflect the intimate relationship we have with God. We cannot experience deep relationships with another person without the intimacy of God. Our relationships with others-for better or for worse- are directly correlated with our relationship with the Father. Out of a growing relationship with Jesus, the ultimate picture of intimacy is Father, Son, Holy Spirit. Our soul connection with God equips us for relationships that matter.

Let's take the next four weeks and commit to spending more time developing our relationship with God. This guide will help you map out simple steps to take to spend time with God. Through this experience, we will be able to receive hope from Jesus.

Learning with You,
Toby

Use this guide as a resource to spend time with God. Each day has exercises outlined for you to complete. Commit to spending quality time on each of the listed activities.

TWICE A DAY CHECK-IN

Set an alarm on your phone in the morning and in the evening to have a conversation with God. Write down the alarm time in the space provided.

WORSHIP

Listen to one worship song in the morning and in the evening. Choose your own song - or choose from the following list of worship songs. Write down the name of the song in the space provided.

Follow Cross Timbers Church on Spotify: Weekend Worship

Graves into Gardens - Elevation Worship
Bigger Than I Thought - Passion, Sean Curran
Run to the Father - Cody Carnes
Living Hope - Bethel Music
Great Are You Lord - All Sons & Daughters
Another In the Fire - Hillsong United
Highs and Lows - Hillsong Young & Free

VERSE

Pick one verse a week from the following list. Write it out on an index card and put on your mirror, in your cubicle—somewhere where you will see it often.

"For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil." – Genesis 3:5

"In all your ways submit to him, and he will make your paths straight." Proverbs 3:6

"You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar." Proverbs 139:1-3

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart." Hebrews 4:12

"Your word is a lamp for my feet, a light on my path." Psalm 119:105

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." Romans 12:2

JOURNAL

Use the space provided on the following pages to keep a journal of your thoughts. Be sure to journal. This step will serve as an important reminder of where you started so that you can see progress in your growing relationship with God.

week one / sunday

Date: _____

Twice a Day Check In:

- ☐ AM Alarm Time: _____
- ☐ PM Alarm Time: _____

Worship:

- ☐ AM Worship Song: _____
- ☐ PM Worship Song: _____

Verse:

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Journal:

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monday

Date: _____

Twice a Day Check In:

☐ AM Alarm Time: _____

☐ PM Alarm Time: _____

Worship:

☐ AM Worship Song: _____

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Verse:

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tuesday

Date: _____

Twice a Day Check In:

- ☐ AM Alarm Time: _____
- ☐ PM Alarm Time: _____

Worship:

- ☐ AM Worship Song: _____
- ☐ PM Worship Song: _____

Verse:

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wednesday

Date: _____

Twice a Day Check In:

- ☐ AM Alarm Time: _____
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Worship:

- ☐ AM Worship Song: _____
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thursday

Date: _____

Twice a Day Check In:

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Worship:

- ☐ AM Worship Song: _____
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Date: _____

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week two / sunday

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Twice a Day Check In:

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Date: _____

Twice a Day Check In:

☐ AM Alarm Time: _____

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Worship:

☐ AM Worship Song: _____

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Twice a Day Check In:

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wednesday

Date: _____

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Twice a Day Check In:

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saturday

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week three / sunday

Date: _____

Twice a Day Check In:

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- ☐ AM Worship Song: _____
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monday

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Twice a Day Check In:

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Twice a Day Check In:

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saturday

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