

receive hope

PRAYER JOURNAL

"I call on you, my God, for You will answer me; turn Your ear to me and hear my prayer."

Psalm 17:6

Hey Difference Maker!

At Cross Timbers, we believe that as Difference Makers, we seek out ways to receive hope so that we can give hope to others in our corners of the world.

This prayer journal is a step you can take as you strengthen the practice of prayer in your life. There are many ways we receive hope, and prayer is one of them. Prayer can be something we enjoy. Prayer can be part of our everyday lives that we look forward to. These next five days can be part of learning how to spend time in relationship with the One who is delighted for you to receive hope from Him.

day one

THE LORD'S PRAYER

The Lord's Prayer is recited in worship services and public events. It's a prayer that many of have recited. In the prayer, Jesus provided us an outline for how to pray in a way that connects us with God. Through this prayer, we can connect with God relationally. The prayer reminds us that He is our Father. We learn that we can depend on Him for everything. We also learn that because of how He forgives us, we should forgive others.

Commit to reading or reciting this prayer daily, and let it serve as a way to receive hope from God every day.

"This, then, is how you should pray: "Our Father in heaven, hallowed be your name, 10 your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from the evil one. For if you forgive other people when they sin against you, your heavenly Father will also forgive you."

// Matthew 6:19-14

day two

PRAYING SCRIPTURE

Use the following scripture to answer the questions below.

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

// Psalm 23

**WHAT DO YOU THINK GOD IS TRYING
TO TEACH YOU THROUGH THIS VERSE?**

HOW WILL YOU APPLY THIS SCRIPTURE TO YOUR LIFE TODAY?

**WRITE DOWN 3 THINGS FROM PSALM 23
THAT GIVE YOU PEACE AND WHY:**

day three

PRAYERS OF THANKS

After reading the following verses aloud, create a list of twenty things you are thankful for. Keep your list in mind throughout the day. When our hearts are filled with gratitude, we are better positioned to receive hope from God.

“Give thanks to the Lord, for he is good; his love endures forever.” // 1 Chronicles 16:34

“Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.” // Colossians 3:15

“Devote yourselves to prayer, being watchful and thankful.” // Colossians 4:2

“I always thank my God for you because of his grace given you in Christ Jesus.” // 1 Corinthians 1:4

“You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.” // 2 Corinthians 9:11

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.” // Philippians 4:6-7

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day four

PRAYERS OF FOCUS

Act 17:26 says, “From one man he made all the nations, that they should inhabit the whole earth; and he marked out their appointed times in history and the boundaries of their lands.”

God has you right where you are, in your corner of the world for this exact time, in your exact community, for a reason. You were created on purpose and for a purpose. Read what Paul says in 1 Timothy 2:1-4. Then spend time in focused prayer for the people in government and your family.

“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth.”

// 1 Timothy 2:1-4.

MY GOVERNMENT:

+ Our National Leaders

+ Our State Leaders

Our Community Leaders

MY FAMILY:

+ My Spouse

+ My Children

+ My Parents

+ My Grandparents

+ My Siblings

day five

THE FORTY I AM S

Confessing the 40 I Ams daily will help you to see yourself the way God sees you. See yourself from God's perspective. You are who God says you are. Read through these verses. Pray that God reveals truth to you about who He says you are. Grab a set of notecards, and write these out, one per card. Keep them with you. Use the cards as reminders of who God says you are.

1. A child of the living God.

"The Spirit himself testifies with our spirit that we are God's children."

- Romans 8:16

2. Redeemed from the hand of the enemy

"Let the redeemed of the Lord tell their story— those he redeemed from the hand of the foe," - Psalm 107:2

3. Forgiven

"For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins." - Colossians 1:13-14

4. Saved by grace through faith alone

"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—"

- Ephesians 2:8

5. Justified

"Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ,"

- Romans 5:1

6. Sanctified

"To the church of God in Corinth, to those sanctified in Christ Jesus and called to be his holy people, together with all those everywhere who call on the name of our Lord Jesus Christ—their Lord and ours:" - 1 Corinthians 5:17

7. A new creature

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

- 2 Corinthians 5:17

8. Partaker of His divine nature

"Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in the world caused by evil desires." - 2 Peter 1:4

9. Redeemed from the curse of the law

Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a pole." - Galatians 3:13

10. Delivered from the powers of darkness

"For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves,"
- Colossians 1:13

11. Led by the spirit of God

"For those who are led by the Spirit of God are the children of God." - Romans 8:14

12. A Son of God

"For those who are led by the Spirit of God are the children of God." - Romans 8:14

13. Kept in safety wherever I go

"Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty." - Psalm 91:1

14. Getting all my needs met by Jesus

"And my God will meet all your needs according to the riches of his glory in Christ Jesus." - Philippians 4:19

15. Casting all my cares on Jesus

"Cast all your anxiety on him because he cares for you." - 1 Peter 5:7

16. Strong in the Lord and in the power of His might

"Finally, be strong in the Lord and in his mighty power." - Ephesians 6:10

17. Doing all things through Christ who strengthens me

"I can do all this through him who gives me strength." - Philippians 4:13

18. An heir of God and a co-heir with Christ Jesus

"Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory!" - Romans 8:17

19. Heir to the blessing of Abraham

"Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: "Cursed is everyone who is hung on a pole." He redeemed us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit."
- Galatians 3:13-14

20. Observing and doing the Lord's commandments

"The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none." - Deuteronomy 28:12

21. Blessed, blessed, blessed

"You will be blessed when you come in and blessed when you go out." - Deuteronomy 28:6

22. An heir of eternal life

"And this is the testimony: God has given us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life." - 1 John 5:11-12

23. Blessed with all spiritual blessings

"Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ." - Ephesians 1:3

24. Healed by His stripes

"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed." - 1 Peter 2:24

25. Exercising my authority over the enemy

"I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you." - Luke 10:19

26. Above only and never beneath

"The Lord will make you the head, not the tail. If you pay attention to the commands of the Lord your God that I give you this day and carefully follow them, you will always be at the top, never at the bottom." - Deuteronomy 28:13

27. More than a conqueror

"No, in all these things we are more than conquerors through him who loved us." - Romans 8:37

28. Establishing God's word, here on Earth

"I will give you the keys of the kingdom of heaven; whatever you bind on earth will be[a] bound in heaven, and whatever you loose on earth will be loosed in heaven." - Matthew 16:19

29. An overcomer by the blood of the lamb and the word of my testimony

"They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death." - Revelation 12:11

30. Daily subduing and overcoming the devil

"You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world." - 1 John 4:4

31. Not moved by what I see

"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." - 2 Corinthians 4:18

32. Walking by faith and not by sight

"For we live by faith, not by sight." - 2 Corinthians 5:7

33. Casting down vain imaginations

"The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." - 2 Corinthians 10:4-5

34. Bringing every thought into captivity

"We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ." - 2 Corinthians 10:5

35. Being transformed by the renewing of my mind

"Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. 2 Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will." - Romans 12:1-2

36. A co-laborer with God

"For we are co-workers in God's service; you are God's field, God's building." - 1 Corinthians 3:9

37. The righteousness of God in Christ

"God made him who had no sin to be sin[a] for us, so that in him we might become the righteousness of God." - 2 Corinthians 5:21

38. An imitator of Jesus

"Follow God's example, therefore, as dearly loved children." - Ephesians 5:1

39. The light of the world

"You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden." - Matthew 5:13-14

40. Blessing the Lord at all times and praising Him with my life

"I will extol the Lord at all times; his praise will always be on my lips." - Psalm 34:1



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