



# SUPPER CLUB

## RULES FOR SUCCESS

*Starting a supper club is a great way to be intentional about connecting with a group of people on a regular basis by simply enjoying a meal together. Here are five rules to make your supper club a success.*

### **Gather your group**

The first step in forming a supper club is deciding who is in the club. Assess your friendships to determine which ones you want to form deeper relationships with and assemble your group from there. This could be a group of friends from church or work who already know each other, or you can create new bonds by inviting people from different facets of your life to come together.

### **Be consistent**

Pick a regular date and time and stick to it. It could be as often as every week or the first Saturday of every month. Whatever you decide works for your group, get it on the calendar, and be consistent.

### **Be committed**

We get it. Life gets busy and things get in the way, but if you want relationships, you've got to put the time and effort in to make them happen. If the expectations are laid out in the beginning, everyone in the group can decide if they are willing to commit and make these special evenings of connection a priority. The idea behind supper club is to get together regularly, so if your day has been unusually stressful and you just can't fathom cooking a meal, it's okay to just order pizza and make friendships the focus.

### **Kids or no kids...decide as a group**

Whatever the group consensus is on whether or not to make this a kid-friendly event, be sure everyone is on board with the decision. If you determine it is going to be an adult only bonding time, get your babysitters lined up in advance, or split the cost by finding an ambitious sitter who is willing to watch all of the kids at one house.

### **Relax and enjoy your guests**

Enjoy this time to connect and unwind. You don't have to serve a five-course meal on white linen tablecloths. If simple works best for you, keep it simple. Maybe a potluck is the way to go to take some pressure off the host. Don't stress so much about getting things right, that you miss the opportunity to live in the moment and build meaningful relationships. Your friends will still love you and enjoy your company even if your house isn't spotless and your casserole is a little overcooked.