

We are often asked for referrals to professional counselors. Selecting a counselor is a very personal decision. This list is not comprehensive, or an endorsement. This is a list of counselors that we have worked with from time to time. Check with your insurance provider for in-network providers.

Area Professional Counselors

Adults, Couples, Adolescents	Facility	Phone #	Website	Email	Location
Anthony, Sandy	Olive House Counseling Center	817-366-0013	www.Olivehousecounseling.com	Sandy@olivehousecounseling.com	Roanoke
Besett, Christy	His Story Coaching & Counseling	817-906-1111	his-story.org		Grapevine
Breedlove, Carrie		940-448-0298		carrie@breedlovecounseling.com	Lake Dallas
Carrington, Jaclyn		214-770-6548		jaclyncarr54@gmail.com	Flower Mound
Cullum, Brad	Harvest Counseling and Wellness	940-241-4140	www.harvestcounselingandwellness.com	bradc@harvestcounselingandwellness.com	Argyle
Fitzhugh, Michelle	Redeemed Life Counseling	940-222-8552	www.redeemedlifecounseling.com	info@redeemedlifecounseling.com	Argyle
Goodell, Kate	Kate Goodell Therapy	469-731-6005		kate@kategoodell.com	Denton
Herrian, Beth	Hope Fully Counseling	940-294-7060		bethh@hopefullycounseling.com	Southlake
Holmes, Jan		817-729-7807	www.DrJanHolmes.com	drjan@drjanholmes.com	Trophy Club
Kane, Tricia	Hope Fully Counseling	940-294-7060	www.hopefullycounseling.com	triciak@hopefullycounseling.com	Southlake
Massey, Glenna	Ellis Mental Health - Southlake	817-813-1706	www.elliementalhealth.com	glenna@fourstonesleft.com	Southlake
Pearson, Alissa	Ellie Mental Health	972-861-0354	www.elliementalhealth.com	ALPearson@elliementalhealth.com	Denton
Pfeffer, Renee		972-989-6743		therapy@reneepfeffer.com	Flower Mound
Pulliam, Carla		817-251-3507	www.thechrysaliscenter.com	drpulliam@thechrysaliscenter.com	Southlake
Reid, Cassie		817-756-1440		info@cassiereid.com / For general information email: info@firstlightcounseling.com	Southlake
Sandlin, Adam	Covenant Biblical Counseling	940-268-4909	http://covenantbiblicalcounseling.com/	adam@covenantbiblicalcounseling.com	Denton
Shirk, Belinda	Truthpoint Counseling	817-313-5050	https://www.truthpointcounseling.com/	belinda@truthpointcounseling.com	Grapevine
Strikland, Cara	Redeemed Life Counseling	940-222-8552	www.redeemedlifecounseling.com	info@redeemedlifecounseling.com	Argyle
Thompson, Pete	Pete Thompson Christian Counseling	940-218-0999		PeterWThompson3@gmail.com	Lantana
Tovar, Jessica (MA, LPC)	River Counseling, PLLC	817-886-3337	www.rivercounseling.org	jessica@rivercounseling.org	Flower Mound
Trimmier, Serena	Redeemed Life Counseling	940-222-8552	www.redeemedlifecounseling.com		Flower Mound
Tryling, Steve	True Connections Counseling	940-391-8028		stevetrylinglpc@gmail.com	Denton
Ventimiglia, Rayne L.		817-874-8169	Let it rain (let-it-rain.org)	raynevlcs@let-it-rain.org	Bedford
Wallis, Heather	New Beginnings Mental Health Center	972-961-4115			Denton
Washam, Chris	Redeemed Life Counseling	940-222-8552	www.redeemedlifecounseling.com		Argyle
Wells, R. Greg	240 Counseling	817-601-5365	www.240cc.com	greg.wells@240cc.com	Colleyville
Children, Play Therapy					
Elliot, Lisa PHD, Psychologist	Cook Childrens Hospital	940-484-4311	www.cookchildren.org	Call the number and follow the prompts	Denton/Fort Worth

Graham, Christy	ACORN Counseling	940-222-8703	www.acorncounseling.services	christy@acorncounseling.services	Corinth
Rinn, Pam (Dr.)	ACORN Counseling	940-294-7124	www.acorncounseling.services	Pam@acorncounseling.services	Corinth
Non-profit Organizatiions		(Govt. & local agencies that provide mental health services with a sliding scale or low fee)			
TWU Counseling & Family Therapy Clinic	TWU	940-898-2600	https://twu.edu/counseling-family-therapy-clinic/	Call for an appt.	Denton
MHMR (Mental Health Mental Resources)	Denton County MHMR	940-381-5000 #3	https://www.dentonmhm.org/		Denton/Satellite in Flower Mound
Cumberland Youth and Family Services		940-382-5112	www.cumberlandservices.org		Denton
UNT Psychology Clinic		940-565-2631		Currently a waiting list as of 4.5.23	Denton
Truth Renewed Ministries		214-476-9393	www.truthrenewed.org		Keller
DOMESTIC VIOLENCE/Child Abuse/etc.					
Friends of the Family (Denton County) Dr. Kirsten Kram		940-387-5131 #239	https://dcfof.org/	kkram@dcfof.org	Corinth
Safe Haven (Tarrant County) Domestic Violence		817-535-6462	https://www.safehaventc.org/	crisis line	Arlington/Fort Worth
Community Enrichment Center		817-281-1164	https://cechope.org/	info@cechope.org	N. Richland Hills
Christian Community Action/ Family Services		972-219-4305	https://www.ccahelps.org		Lewisville
CPS - Child Protective Services Hotline		800-252-5400	Call to file a report of abuse		