

## Healing Place Care Coaches – Female

**Brittany Beck** has been married for 15 years and has two children. Brittany has been an educator for 15 years. She is a certified Life Coach and Mental Health Coach. She has a passion for serving female clients of all ages. Brittany has struggled and worked through common issues like anxiety, lack of confidence, maintaining friendships, self-care, and feeling that she wasn't enough. She has been on a journey discovering her true worth in the Lord. She has overcome obstacles in marriage, parenting, self-image, and changes in her career. She feels that God has put on her heart to see women, in all walks of life, thrive and see their full potential.

**Tanya Farmer** and her husband, Eric, have been married for 14 years. She works with women and young men. Tanya has experienced coparenting in a blended family, sexual abuse, family members with addiction and mental illness. She loves helping others find perspective when times are hard. She encourages women to do what they never thought possible. Tanya is currently scheduling privately. Please email [thehealingplace@crosstimberschurch.org](mailto:thehealingplace@crosstimberschurch.org) or call (940) 240 – 0029.

**Katy Gable** is a new mom and enjoys spending time with her husband of 10 years and young daughter, usually doing anything outside. They enjoy traveling with their camper, riding UTV's, boating, swimming, and spending time with family, friends, and neighbors. Katy is passionate about volunteering at the Healing Place to use her personal experiences with the effects of alcoholism in a family, emotional childhood traumas, teenage pregnancy, anxiety, and depression to help other women feeling hopeless, lost, or just overwhelmed. She has a heart for walking alongside women who are trying to navigate those tough life transitions; from high school teenager to college student to becoming a wife or a new mom. She wants to be that relatable go-to person for you, who walks beside you without judging or condescending. She can be that listening ear and voice that helps you sort through your feelings, anxiety, stress, and depression, and she can put together some resources and coping skills to help you become a confident and emotionally intelligent woman.

**Jamie Hackney** has been married for 34 years. She and Brian are founding Pastors at Cross Timbers. They have 3 adult children and 4 beautiful grandchildren. Their son, Corban, passed away when he was two and now lives in heaven. Because God has helped her in her marriage, loss of a child, and parenting, Jamie is passionate about helping women of all ages that are struggling with feeling stuck or having marriage problems, depression, or just generally feeling overwhelmed. She has a passion for working with teens, children, and young women.

**Destiny Kennemer** is a wife and mother of 3 children. She holds a Master of Education from UNT and is a certified mental health coach. She spent many years working in collegiate administration and serving people with disabilities in varying roles. She now spends most days dedicated to raising her children and serving her family and friends. Her own unique life experiences have equipped her to walk alongside people who are in crisis or have endured trauma of many kinds. She is passionate about providing emotional support and practical guidance in dating and premarital topics, familial conflict, parenting young children, organization and life skills, life-changing health diagnosis, aging parents/death of a parent, navigating education systems with a disability, and career coaching.

**Lissie Kevlin** has worked in student ministry for over 3 years. She has attended Cross Timbers most of her life. She went to Liberty Christian and TCU and now works as a Student Pastor in our student ministry. She is passionate about the next generation and has walked with teens through social, mental health, emotional, and family struggles. She has a passion for young adults ranging from 11 – 18 years old.

**Kathy Palmer** has been married to her husband, Scott, for 50 years, and they have 2 adult children and 5 grandchildren. She has been faced with many challenges, including alternative lifestyle choices, drug and alcohol addiction, divorce, and custody battles. She knows Jesus was at work through it all even when it did not look like it. She wants to help others thrive, not just survive, when going through life's hardest challenges. She is willing to work with women, young adults, and couples.

**Paula Salyer** is a widow with 3 sons and 8 grandkids. She has had to overcome many trials in life. Paula had an alcoholic father growing up, divorced parents, a husband who passed away from suicide, experienced bankruptcy, job loss, and kids who have struggled with addiction. She has found more freedom and healing in her own life while training to be a care coach and wants to pay it forward.